

## Self Assessment

**Instructions:** Using the space within each quadrant, complete the sentence at the top of each quadrant. Spend a significant amount of time to expand beyond the surface response in completing the sentence. Ask your workshop leader or advisor for assistance in questions that you begin to feel stuck.

<b>I AM...</b>	<b>I CARE DEEPLY ABOUT...</b>
<b>MY ART/DESIGN IS...</b>	<b>MY DREAM JOB/OPPORTUNITY IS... (LOOK AND FEEL)</b>

1. Which quadrant was the easiest to write about and why?
2. Which quadrant was the hardest to write about and why?
3. Did anything surprise you when writing about these four quadrants?
4. What did you learn about your potential future employer when exploring your dream job?
5. Why is doing an exercise like this important at the start of our job search?